

April 2021 Menu

| Date | Lunch |
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| <i>Thursday</i> <i>01 April</i> | Ezogelin Soup, Broccoli Gratin, Meat & Vermicelli Casserole, Green Salad |
| <i>Friday</i> <i>02 April</i> | Mushroom Soup, Meat Quesadilla, Baked Cubed Potatoes, Green Salad with Beetroot |

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| <i>Monday</i> <i>05 April</i> | Beyti Soup, Spagetti, Bolognese Sauce, Baked Vegetables, Green Salad |
| <i>Tuesday</i> <i>06 April</i> | Tomato Soup & Croutons, Meatball & Potato Stew, Bulgur with Vegetables, Green Salad with Arugula |
| <i>Wednesday</i> <i>07 April</i> | Yayla Soup, Green Lentil Stew, Korean Style Pancake, Green Salad |
| <i>Thursday</i> <i>08 April</i> | Red Lentil Soup, Spinach Stew, Pizza Margarita & Vegetables, Yogurt |
| <i>Friday</i> <i>09 April</i> | Zucchini Soup, Hungarian Style Kebab, Rice, Green Salad with Radish |

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| <i>Monday</i> <i>12 April</i> | Yüksük Soup, Spring Vegetables & Meat Stew, Bulgur, Green Salad |
| <i>Tuesday</i> <i>13 April</i> | Yogurt & Spinach Soup, Meatloaf with Tomato Sauce, Mashed Potatoes, Green Salad |
| <i>Wednesday</i> <i>14 April</i> | Minestrone Soup, Dried Beans Stew, Rice, Green Salad |
| <i>Thursday</i> <i>15 April</i> | Green Lentil Soup with Vermicelli, Chard, Börek with Ground Beef, Yogurt |
| <i>Friday</i> <i>16 April</i> | *Melek ☺ Soup, Oven Baked Pasta with Cheese, Boiled Vegetables, Green Salad with Mint |

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| <i>Monday</i> <i>19 April</i> | Makhlouta Soup, Zucchini & Ground Beef Casserole, Bulgur, Yogurt |
| <i>Tuesday</i> <i>20 April</i> | Tomato Soup with Cheddar Cheese, Stuffed Zucchini, Pasta, Yogurt |
| <i>Wednesday</i> <i>21 April</i> | Vegetable Soup, Chickpea Stew, Rice, Homemade Keystone Pickles |
| <i>Thursday</i> <i>22 April</i> | Tarhana Soup & Crouton, Sour Meatball Stew, Bulgur with Vegetables, Green Salad |
| <i>Friday</i> <i>23 April</i> | April 23rd National Sovereignty and Children's Day Holiday |

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| <i>26 – 30</i> <i>April</i> | SPRING BREAK |
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Our vegetables, fruits, legumes, honey, molasses, tahini, jam and flour come from İpek Hanım'ın Çiftliği (www.ipekhanim.com),
Our eggs from Green Apple Organik ([http:// www.greenappleorganik.com/](http://www.greenappleorganik.com/)),
Our milk products from Süttaş, Atatürk Orman Çiftliği and Darbuka Peynircilik,
Our meat from Günaydın Kasap (www.gunaydinet.com).

There may be some little changes because of our purchase from İpek Hanım and birthdays.

*) Our kitchen staff knows the necessity of healthy nutrition and less sugar. This snack is one of their creations or recipes and that is why we named it after them. This snack doesn't include any sugar or vanilin. To sweeten this snacks we use honey, molasses, dried fruits or fruits. If you have any recipe you think we should try please send it to chef@keystoneschools.com.tr, we would love to try it out.

* Melek □ Soup: Wedding Soup (Our pregnant teacher Ms. Melek's favorite soup)